

# Family Household Chore Plan Instructions

1. **Assemble the Family Together:**

Gather all family members in one place where everyone can comfortably discuss and contribute. This ensures that everyone is involved in the process from the start and has a say in the decisions being made.

2. **Make a Unified Agreement:**

Discuss and agree on each person's delegated chores. It's important that everyone understands their responsibilities and that tasks are divided fairly according to age and ability. This step ensures that everyone knows what is expected of them and feels that the workload is equitable.

3. **Create Your Action Plan:**

Write down the agreed-upon chores, specifying who is responsible for each task and when it should be completed. Your plan should also include forfeits for those who evade or do not comply with their chores. Your plan should be visible and accessible to all family members, whether it's on the fridge, shared on a family app, or displayed in another common area.

4. **Commit to Recording Completion Times:**

Ensure all parties commit to recording the time their chores are completed each day. Recording completion times adds accountability and allows everyone to see that chores are being done.

5. **Review and Adjust:**

Periodically review the chore plan to ensure it's working for everyone. Be open to making adjustments as needed to ensure fairness and effectiveness. This step allows for flexibility and continuous improvement of the system.

By following these steps, you can create a well-organized, fair, and effective chore plan that helps maintain a tidy home while teaching responsibility and cooperation.

**Example: Household of 5- Mum Annie and dad John, Katie aged 18, Lauren aged 17, and Jake aged 15**

Chore	Sun	Time	Mon	Time	Tue	Time	Wed	Time	Thurs	Time	Fri	Time	Sat	Time
Clean the bathroom	Katie	11.00pm	Annie	09.30am	Annie	10.00am	Annie	09.30am	Annie	09.30am	Lauren	09.30am	Jake	09.30am
Clear & repack the dishwasher	Lauren	11.45am	Annie	09.30am	Annie	09.30am	Annie	10.30am	Annie	10.00am	Katie	10.30am	Lauren	11.45am
Dust the living area	Jake	02.00pm					Lauren	05.00pm						
Hoover the living area	Katie	07.00pm					Jake	08.00pm						
Evening meal	Annie	05.00pm	Katie	07.00pm	Lauren	06.40pm	John	06.30pm	Annie	07.00pm	Katie	07.00pm	Take out	05.00pm
Clean kitchen	Katie	07.00pm	Lauren	11.00pm	Katie	11.00pm	Lauren	09.00pm	Jake	10.00pm	Jake	09.00pm	John	11.30pm
Clear & repack dishwasher	Jake	07.45pm	Jake	08.10pm	Lauren	07.45pm	Katie	07.30pm	John	10.45pm	Annie	10.00pm	Annie	11.00pm
Empty bins	John	10.30pm			Jake	08.00pm					Jake	08.00pm		
Organise laundry	Annie	05.00pm												

**Here's a list of household chores that can be divided among family members, organized by age-appropriate tasks and responsibilities:**

### **Chores for Young Children (Ages 3-7):**

- **Pick Up Toys:** Encourage children to put away their toys after playtime.
- **Make the Bed:** Help them with simple tasks like pulling up the covers and arranging pillows.
- **Set the Table:** Assist in placing utensils, napkins, and cups on the table before meals.
- **Feed Pets:** Supervised feeding of pets like dogs, cats, or fish.
- **Water Plants:** Water indoor plants or help with garden watering.

### **Chores for Older Children (Ages 8-12):**

- **Clean Their Room:** Tidy up their bedroom, including dusting and organizing.
- **Help with Laundry:** Sort clothes by colour, load the washing machine, and fold clean laundry.
- **Hoover or Sweep:** Clean floors in common areas like the living room or hallway.
- **Take Out the Trash:** Collect trash from bins around the house and take it to the outdoor garbage.
- **Help with Meal Prep:** Assist with simple tasks in the kitchen, such as stirring ingredients, washing vegetables, or setting up the dining area.

### **Chores for Teens (Ages 13-17):**

- **Do the Laundry:** Handle the entire laundry process, including washing, drying, folding, and putting away clothes.
- **Mow the Lawn:** Mow the grass and perform basic yard work like raking leaves or trimming hedges.
- **Clean the Bathroom:** Scrub sinks, toilets, and showers, and replace towels.
- **Prepare Simple Meals:** Cook basic meals or assist with more complex recipes.
- **Grocery Shopping:** Help with creating grocery lists and shopping for household essentials.

### **Chores for Adults:**

- **Deep Cleaning:** Perform deep cleaning tasks like scrubbing floors, cleaning windows, or organizing closets.
- **Manage Finances:** Handle budgeting, paying bills, and keeping track of household expenses.
- **Home Maintenance:** Take care of repairs, painting, and upkeep of household systems like plumbing or heating.
- **Meal Planning and Cooking:** Plan weekly meals, prepare dinners, and manage the kitchen.
- **Yard Work and Gardening:** Maintain the garden, mow the lawn, and manage landscaping tasks.

## Shared Family Chores:

- **Dishwashing:** Rotate dishwashing duties or use a schedule.
- **Family Cleaning Day:** Dedicate a day for the entire family to clean the house together.
- **Grocery Shopping and Unpacking:** Shop together or divide tasks between shopping and unpacking.
- **Organizing Shared Spaces:** Regularly tidy up living rooms, dining areas, and other shared spaces.

Dividing household chores helps ensure that everyone contributes to maintaining a clean and organized home. It also teaches responsibility and teamwork within the family.

# Rare Diamond's Household Chores Template

**Print and Use this Template:**

Customize the template to meet your family's specific needs. This template allows you to assign tasks, track completion times, and ensure that everyone knows their responsibilities. Chores compliance is validated on the chore table by recording the time of completion. Each family member is responsible for marking down the time they finish their assigned tasks. It's a simple yet effective way to manage household chores and promote accountability within the family.

Chore	Sun	Time	Mon	Time	Tue	Time	Wed	Time	Thurs	Time	Fri	Time	Sat	Time